

الخصائص النفسية والبيئية للطفل الاندفاعي

(دراسة للدلالات التشخيصية)

Psychological & Environmental Characteristics of the Impulsive Child (A Study of the Implications of Diagnostic and Treatment Components)

محمد علي السعيد السيد*

mohmaedali47@yahoo.com

المستخلص:

تتبلور مشكلة البحث الحالي في التساؤل التالي:

ما هي أهم الدلالات التشخيصية والخصائص النفسية المميزة لسلوك الطفل الاندفاعي ومدى تأثير المستوى الاجتماعي والاقتصادي للأسرة في ذلك؟ وقد تم انتقاء عينة الدراسة البالغ عددها (16) طفلاً من تلاميذ المرحلة الابتدائية في مرحلة الطفولة المتأخرة تتراوح أعمارهم ما بين 9: 12 سنة، وتم إعداد استمارة المستوى الاجتماعي والاقتصادي لتحديد العينة بدقة، ومقاييس الاندفاعية، وجلسات خاصة بأمهات الأطفال المندفعين لكيفية التشخيص الجيد لكل حالة من حالات الدراسة وتوضيح أهمية كيفية التعامل الصحيح مع أبنائهم داخل البيئة الأسرية، وتوضيح أهمية الدور الذي تلعبه الأم لتعديل السلوكيات غير المرغوبة كالاندفاعية وتشجيع الأبناء لدحض هذه السلوكيات واستبدالها بمحمودة.

* مدرس بقسم علم النفس - جامعة مصر للعلوم والتكنولوجيا.

واتضح من نتائج الدراسة وجود فروق دالة إحصائية بين متوسطات درجات المجموعة التجريبية -في الزمن وعدد الأخطاء حيث إن الطفل المندفع يستغرق وقتاً قصيراً وعدد أخطائه كثيرة ويعتبر الاندفاع من المؤشرات الدالة على عدم الانتباه ، وهو أحد أشكال عدم النضج المعرفي ، حيث يشكو غالبية المعلمين والمعلمات من رد التلاميذ السريع على الأسئلة قبل الانتباه إليها جيداً ومعرفة مضمونها وعناصرها مما يوقع التلميذ في الخطأ يجعله يندرج مع التلاميذ ذوي الأداء التحصيلي المنخفض ويمكن القول أن اندفاعية التلميذ ترجع إلى عدم القدرة على التفكير السليم مما يؤدي إلى عدم تدبره للمواقف الاختبارية لنقص المعلومات المتعلقة بموضوع التفكير ، والفشل في ملاحظة نمو المواقف الإشكالية وعدم قدرته على تحليل عناصر المشكلة ، وقد أكد المعرفيون السلوكيون أهمية الدور الذي تلعبه الأسرة والظروف الاجتماعية والاقتصادية في التأثير على سلوكيات الطفل وعلى مستوى أدائهم وقدر مشاركتهم المتميزة لمواقف المثيرات وتطوير قدراتهم المناسبة والضرورية ونوعية أحاديثهم الخاصة وضعف فرضياتهم للأعمال المناسبة ومدي سيطرتهم على أفكارهم الدخيلة وسلوكهم المرفوض ، وهو ما راعاه الباحث في تعامله مع الأطفال المندفعين ليساعد التلميذ المندفع على تأمل تفكيره وتعبيره الشفوي عند التعامل مع المواقف وتوقعه لنتائج استجاباته مما يساعده على تقليل عدد الأخطاء المرتكبة.

الكلمات المفتاحية:

الاندفاعية-الطفل-الدلالات التشخيصية-البيئة.

Abstract:

Any The state's interest in children includes the ordinary and extraordinary children; because the extraordinary child is a burden not only to family members, but to all surroundings including parents, relatives, colleagues, and teachers. The behavioral problems these children suffer from constitute an impediment for them to progress in academic achievement, and achieve their goals in life, as they represent an obstacle and a source of frustration for teachers and parents when they attempt to guide these children. Today, we are under the global and local attention to the most important problems facing our children, the main negatives that can be observed through their behavior and avoiding them, the multiplicity of their aspects, the suffering of their owners and their relatives from emotional, social and family problems spoil their lives because of how the members of society look at them, a look that is characterized in the whole by being away of emotional humanitarian feelings, devoid of empathy, and sympathizing others in their plight instead of making an effort to understand their problems, appreciating the difficulties they suffer, and the pain they experience they aren't its reason, instead of being helpful to them, they often became difficult obstacle faces them, it was better to look at this group with love and compassion instead of cynicism.

The impulsive child has a behavioral pattern includes the inability to control his behavior and the tendency to respond without thinking, so the impulsive child is characterized by quick irritability and recklessness of the simplest things for example, he insists on taking the first toy he sees, or insists

on being the first to play with this toy, regardless of being his own toy or role or not, that is why rivalries between him, and his peers occurs. This child is also characterized by challenging, opposition and stubbornness, even if the right is to others. This recklessness makes him prone to many accidents and injuries lose social status and continue in friendship. So, he is negative in winning the friendship of others.

Does the impulsive child deal in a natural way or does he act before thinking, and move from one activity to another without completing his first, does he encounter difficulties in organizing his work and many of the numerous problems that can be encountered in different life situations?

Does impulsivity affect the mental and cognitive activities and also lead to problems related to the process of organizing studying habits, homework, and general information? This is what would be covered by our current study.

The importance of this current study lies on the attempt to identify the psychological and environmental characteristics of the impulsive child, and what are the most important components of treatment? How to reduce impulsivity through training, and using thoughtful method lead to a careful choice accuracy in the interiors of children?

Since the importance given to childhood as a cornerstone for the construction of personal rights in the future, and the big role it has in human compatibility in adolescence and adulthood, the mental health scientists have realized the importance of studying the problems of children and treating

them at an early age, before they escalate and lead to psychological deviations and poor mental health in the next stages of life, the study of researchers in the personal and developmental psychology has proofed that human compatibility in adolescence and adulthood is largely linked to his compatibility in childhood, most teenagers and adults compatible with themselves and their community good compatibility were happy in their childhood of little problems in their childhood, while most ill-compatibility teenagers and adults were unhappy and of frequent problems in their childhood. The results of studies in the areas of psychopathology and unordinary psychology explained the role of childhood problems in generating mental disorders and mental and behavioral abnormalities in the stages of adolescence and adulthood. Studies and research on the relationship between the knowledge and rush method pointed to the link between this method and the important dimensions personality.

We may find that some researchers have pointed to the impulsive method of the students and its impact on their lives and behavior as a whole, so the researcher proceeded in his study to explain the psychological and environmental characteristics of the impulsive child through studying the diagnostic signs for those children and the best and most appropriate methods and components of treatment.

This study might be an important reference provides dealers, with school children at late childhood stage, of teachers, psychologists and socialist with information and data regarding the nature of the most important components

of treatment through realizing the most important psychological and environmental characteristics of the impulsive child, which can form a general guide for caring impulsive children to allow them the right psychological and cognitive development.

Keywords:

**Impulsive – Child - Implications of Diagnostic –
Environment**